

Organisations and Resources dedicated to Reducing Gambling Related Harm:

We support and engage with a number of organisations and partnerships committed to reducing gambling related harm and promoting safer gambling around the world. These organisations offer a wealth of information, research and support services for individuals and affected others. The following is an illustrative list of resources.

TAKE TIME TO THINK

Take Time To Think is a national campaign to encourage the use of safer gambling tools for a safe and responsible betting and gaming experience. It follows on from the long established 'When the Fun Stops Stop' campaign and is managed by the Betting and Gaming Council. Click [here](#) to find out more information

GamStop

GamStop is a free UK Online National Self Exclusion Scheme. This service enables individuals in Great Britain and Northern Ireland to exclude themselves from online gambling websites and apps run by operators companies licensed in Great Britain, for a period of your choosing. Click [here](#) for more info.

Gamban

Gamban is a specialist gambling blocking software application that enables you to block access to thousands of gambling websites. Click [here](#) for more info.

GamCare

Information, advice and support for those affected by gambling related harm – including problem gamblers and their families, through the National Gambling Helpline, online chats, forums and treatment programmes. Click [here](#) for more info.

BetKnowMore

A gambling support service for gamblers and affected others, with a mission to provide support and education services to address problematic issues caused by gambling. Click [here](#) for more info.

GambleAware

Free, confidential help and support to anyone who's worried about their – or someone else's – gambling. Click [here](#) for more info.

Gordon Moody

Advice, education and high quality innovative therapeutic support to problem gamblers and those affected by gambling, through residential, online and outreach services. Click [here](#) for more info.

Kindbridge Behavioral Health

Provides an online network for resources for those seeking support and advice about gaming and gambling related harm. Click [here](#) for more info.

National Council on Problem Gambling (U.S)

Information, advice and support for those affected by gambling related harm – including problem gamblers and their families, through the National Gambling Helpline, online chats, forums and treatment programmes. Click [here](#) for more info.

Responsible Gambling Council of Canada

RGC provides a wealth of information, research and resources about responsible gambling and managing the risks of gambling. If you are based in Canada. Click [here](#) for more info.
